

# 2024 "40-Days Fast" Prayer Journal



**"God is Taking Us Higher"**



**CHURCH OF THE LIVING GOD**  
The Pillar and Ground of the Truth  
Which He Purchased With His Own Blood, Inc.  
*Jewell Dominion*

National Headquarters Office



# 2024 *Forty Days Fast* *Prayer Journal*

**"God is Taking us Higher"**

**2024 Proclamation**

**Psalm 61:2**

*"From the end of the earth will I cry unto thee, when my heart is overwhelmed: lead me to the rock that is higher than I."*



***Church of the Living God—JD***

The Pillar and Ground of the Truth,  
Which He Purchased With His Own Blood, Inc.

**National Headquarters**

**P. O. Box 502572**

**Indianapolis, IN 46250**

*Bishop Dr. Calvin L. Worthem*

*General Chief Overseer and Senior Bishop*



## 2024 Proclamation

### “God is Taking Us Higher”

*“From the end of the earth  
will I cry unto thee,  
when my heart  
is overwhelmed:  
lead me to the rock  
that is higher than I.”*  
(Psalm 61:2)

### **Bishop Dr. Calvin L. Worthem**

In these tumultuous times we now live, situations, occurrences, and circumstances can often cause us to become overwhelmed, fearful, uncertain, and disheveled. In David’s writing above, he makes a plea unto the Lord, asking Him to lead him to the rock that is higher than he. Matthew 21:22 reads, *“And all things, whatsoever ye shall ask in prayer, believing, ye shall receive.”* My prayer has always been that God would give me the strength to carry out His directive to **“set His house in order.”** As I move forward in obedience to God, with spiritual vision I can see God taking the Church of the Living God higher. He is leading us to the Rock that is higher than we are—that Rock is **Jesus**. The old hymn we sing from time to time, “On Christ the Solid Rock I Stand” is an affirmation for us that God is going to move us forward from where we are, through Christ Jesus. The Church of the Living God stands on that Solid Rock, and we are rising higher each day. Of course, the devil is constantly working at his plan to kill, steal, and devour us; but we stand on the declaration written in 1st John 4:4— *“Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world.”*

In my letter to you November 6, 2024, I mention the passage of scripture in 1 Thessalonians 5:16-18, where the Apostle Paul is telling us to, **“Rejoice evermore. Pray without ceasing. In everything give thanks: for this is the will of God in Christ Jesus concerning you”**. (Continued...)

## **NAT’L CHURCH ANNOUNCEMENTS**

**2024**

**National Young People’s Assembly**  
Church of the Living God (*Jewell Dominion*)  
**Saturday July 17-21, 2024**—(*Wednesday—Sunday*)  
Atlanta Community Church-COTLG  
Pittman Park Recreation Center  
(Assessment for youth, ages 18 and down is **\$50.00** p/p)

### **Camp Jewell**

**July 14-18 2024** (Sunday-Thursday)  
Hard Labor Creek Georgia State Park

**There will be other Assemblies throughout the year.**  
**Remember that the closing Sunday of each National  
related Assembly is “Overseer Rally Day”.**

**Take Part in the Zoom *Gatherings for Wives* & the *Men’s Gatherings***  
**every month—look out for the notices announcing these sessions.**

**Presiding Elders Second Visitation Month**  
**(September 2024)**

***(Do your very best to attend all functions sponsored by the  
Church of the Living God—God knows your heart and He  
honors your press and desire to be obedient and faithful.)***

As we focus on the Proclamation for 2024,  
let us all rejoice because...

**“GOD IS TAKING US HIGHER”**

***“...lead me to the rock that is higher than I.”***  
*(Psalm 61:2)*

***“Oh come, let us sing to the LORD! Let us shout joyfully to the Rock of  
our salvation.<sup>2</sup> Let us come before His presence with thanksgiving; Let  
us shout joyfully to Him with psalms”***  
*Psalm 95:1-2.*

## **NAT'L CHURCH ANNOUNCEMENTS**

**2024**

### **End of Fast Revivals and Rallies**

*(End of 40 Days Fast Assessment is \$30.00 per member)*

**(February 2024, at each local church)**

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**Bishop L. L. Harrison  
Scholarship Fund Raising Month  
(February 2024)**

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**Presiding Elders First Visitation Month  
(February 2024)**

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**International COTLG Women's Conference  
Double Tree by Hilton Cherry Hill/Philadelphia**

**2349 Marlton Pike—Cherry Hill, NJ 08002**

**March 1-3—Friday – Sunday**

**Host Church—COTLG-SMK (Hats & Pearls Women's Ministry)**

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### **APRIL STATE ASSEMBLIES**

**April 11-14, 2024—California State Assembly**

**April 11-14, 2024—Kansas State Assembly**

**April 11-14, 2024—Mississippi State Assembly**

**April 11-14, 2024—Pennsylvania State Assembly**

**April 11-14, 2024—Wisconsin State Assembly**

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**Observances of Palm Sunday,**

**Good Friday, and Easter - March 24, 29, 31**

**(Local Churches)**

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### **GENERAL ASSEMBLY**

**Church of the Living God (*Jewell Dominion*)**

**National Headquarters—Indianapolis, IN**

**June 23—30, 2024**

**(Sunday – Sunday) (*Training Sunday—Tuesday*)**

**(Assessment for this Assembly is \$100.00 for each adult member ages 19 and up) - attendance is Mandatory**

**NOTE: There will be *Mandatory Official Meetings* for Church Officials Sunday 6/23 – Tuesday 6/25**

This is the only way we can go in the direction where God is trying to take us. Following the instructions from this passage of scripture, we will have no problem going higher in our way of responding to situations that trouble us. Instead of complaining, we will rejoice. Praying without ceasing will cause us to go higher in our relationship with God. Giving thanks for every circumstance we find ourselves in will also take us higher.

Last year we spent time experiencing the Glory of God in a mighty way – that is because we came *seeking the glory of God* in our corporate gatherings. As we continue to bask in His glory in 2024, let God take us higher in our living, higher in our giving, higher in our worship, higher in our love, and higher in our devotion to Him.

Think about the story of Mephibosheth, the son of Jonathan (David's beloved friend) who was dropped by the maid as she fled danger with him. He suffered so many years from his injury with rejection – he was left at the bottom. But David pulled him up to a higher place and sat him at his table to eat forever. Take time and read the whole story in 2<sup>nd</sup> Samuel 9. Notice verse 7 – “*And David said unto him, Fear not: for I will surely shew thee kindness for Jonathan thy father's sake, and will restore thee all the land of Saul thy father; and thou shalt eat bread at my table continually.*” God is taking us to a higher place and restoring everything that belonged to the Church of the Living God when it was first in its glorious state. We are leaving the “*Lodebar*” state of mind. Yes, in 2024 we are going to have much more, as we come together in “ONENESS”. God is taking us even higher than where we are today.

Saints, we must allow ourselves to be in position for God to take us higher, and not fall away from the truth in these last and evil days. Remember “*...with God all things are possible*”. (Matthew 19:26)

In His Service,

*Bishop Dr. Calvin Worthem*

General Chief Overseer/Senior Bishop



## 40 Day Fast

**Please follow these new guidelines  
as you participate in the 40 Days Fast.**



Saints in the observance of the 40-Day Fast (12:00 midnight to 12:00 noon) beginning January 1, 2024, through February 9, 2024, we as believers need to fast and connect with God. Fasting happens to be the quickest way to get power from God. We cannot navigate through the End-time storm if we are not a man or woman of fasting. *"I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God."* (Romans 12:1-2)

**This year, the Spirit has moved me to ask the people of God to give up something (or somethings) that they love or enjoy doing such as eating sweets or watching their favorite TV shows, etc. for this period of Fasting, from 12 midnight to 12 noon.**

So many people of God are suffering with sicknesses and even death because of their consumption of sweets or lack of exercise. Reducing sugar intake can have several benefits for your health, as well as becoming more active. It can help you lose weight, reduce the risk of diabetes, strengthen muscles, and improve dental health. Consuming too much sugar is associated with a number of health conditions, including coronary heart disease, type 2 diabetes, obesity, and other issues. In addition to these benefits, cutting back on sugar can also lead to better mental health, resulting in healthy and restful sleep. Consuming sugar can interfere with the collagen repair process in your body. Collagen is a protein that provides a glow to your skin by maintaining its elasticity and keeping it wrinkle-free. Drinking more water can also help a great deal.

Day 36—MONDAY—February 5, 2024

### **PRAY FOR A FAITH WALK TODAY**

**Scripture:** 2 Corinthians 5:7 - *"For we walk by faith, not by sight."*

**Focus:** Things are not always as they appear. As you walk by faith today, each step you take will move you a little higher to see better.

Day 37—TUESDAY—February 6, 2024

### **PRAY FOR CHRIST TO BE MANIFESTED IN US**

**Scripture:** Galatians 2:20 - *"I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me."*

**Focus:** You will feel yourself going higher because **He** lives in you!

Day 38—WEDNESDAY—February 7, 2024

### **PRAY FOR A CLEARER VISION TO SEE JESUS**

**Scripture:** Hebrews 12:2 - *"Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God."*

**Focus:** Adjust your eyes to look to Jesus, the source of your faith.

Day 39 THURSDAY—February 8, 2024

### **PRAY FOR OUR CHURCH LEADERS**

**Scripture:** Luke 1:37 - *"For with God nothing shall be impossible."*

**Focus:** By supporting our leaders in the spirit of unity, nothing will be impossible for God to do in taking the Church higher!

Day 40—FRIDAY—February 9, 2024

### **PRAY TO BECOME A FINISHER & GO HIGHER!**

**Scripture:** 2 Timothy 4:7 - *"I have fought a good fight, I have finished my course, I have kept the faith:"*

**Focus:** Expect good results from Christ's finished work in you.

Day 31—WEDNESDAY—January 31, 2024

**PRAY THAT YOU WILL BE ABLE TO CONFORM TO  
THE IMAGE OF CHRIST**

**Scripture:** Romans 8:29 – *“For whom he did foreknow, he also did predestinate to be conformed to the image of his Son, that he might be the firstborn among many brethren.”*

**Focus:** You were already predestined to operate on a higher level.

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Day 32—THURSDAY—February 1, 2024

**PRAY FOR A HEART TO HEAR GOD’S WORD**

**Scripture:** Romans 10:17 – *“So then faith cometh by hearing, and hearing by the word of God.”*

**Focus:** When you hear the Word from your heart you can go higher.

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Day 33—FRIDAY—February 2, 2024

**TODAY, BELIEVE THE POWER OF GOD OVER THE  
WISDOM OF MEN**

**Scripture:** 1 Corinthians 2:5 – *“That your faith should not stand in the wisdom of men, but in the power of God.”*

**Focus:** You are taken higher and higher through the power of God.

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Day 34—SATURDAY—February 3, 2024

**PRAY TO HAVE FAITH AS AN OVERCOMER**

**Scripture:** 1 John 5:4 – *“For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith.”*

**Focus:** You have overcoming power to rise above this world’s stuff.

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Day 35—SUNDAY—February 4, 2024

**WITNESSES ARE WATCHING HOW YOU FIGHT**

**Scripture:** 1 Timothy 6:12 – *“Fight the good fight of faith, lay hold on eternal life, whereunto thou art also called, and hast professed a good profession before many witnesses.”*

**Focus:** Fight the good fight of faith to be taken to a higher level.

## **40 Day Fast**

The condition of your internal body health can improve greatly if you take this time to give up things that are harmful to your body (the temple that the Holy Ghost dwells in). During these 40 days of sacrificing and praying, choose to take better care of yourself.

In addition, take advantage of this Fasting time by spending more quality and intimate moments with the Lord in worship; reading scriptures and positive literature; in singing spiritual songs and hymns; and in thankful prayers to God. Internalize Ephesians 5:19-20 *“Speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord; Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ;”*

Saints, for an outward sacrifice to be genuine, it must be the expression of a spiritual sacrifice. Jesus recalls the words of the prophet Hosea (Hosea 6:6): *“I desire mercy, and not sacrifice”*. God meets us where we are in our faith. He begins at that point and helps us grow gradually and continually. He is an expert at taking our mistakes and turning them into miracles. Be led by the Holy Spirit and sacrifice during this Forty-Days-Fast, and pray that others do the same. Remember *“...with God all things are possible”*. (Matthew 19:26).

As you fast and pray, take time to read and focus on the scriptural prayer points included on the next few pages for confirmation. I am praying for your spiritual success for these 40 days.

In His Service,

*Bishop Dr. Calvin L. Worthem*

General Chief Overseer/Senior Bishop

# Prayer Points for Fasting



## Matthew 6:16

“Moreover when ye fast, be not, as the hypocrites, of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward.”

## Mark 2:18-22

<sup>18</sup>“And the disciples of John and of the Pharisees used to fast: and they come and say unto him, Why do the disciples of John and of the Pharisees fast, but thy disciples fast not? <sup>19</sup>And Jesus said unto them, Can the children of the bridechamber fast, while the bridegroom is with them? as long as they have the bridegroom with them, they cannot fast. <sup>20</sup>But the days will come, when the bridegroom shall be taken away from them, and then shall they fast in those days. <sup>21</sup>No man also seweth a piece of new cloth on an old garment: else the new piece that filled it up taketh away from the old, and the rent is made worse. <sup>22</sup>And no man putteth new wine into old bottles: else the new wine doth burst the bottles, and the wine is spilled, and the bottles will be marred: but new wine must be put into new bottles.”

## Matthew 6:16-18

<sup>16</sup>“Moreover when ye fast, be not, as the hypocrites, of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward. <sup>17</sup>But thou, when thou fastest, anoint thine head, and wash thy face; <sup>18</sup>That thou appear not unto men to fast, but unto thy Father which is in secret: and thy Father, which seeth in secret, shall reward thee openly.”

Day 26—FRIDAY—January 26, 2024

## ALWAYS SPEAK THE TRUTH IN LOVE

**Scripture:** Ephesians 4:15 – “*But speaking the truth in love, may grow up into him in all things, which is the head, even Christ:*”

**Focus:** When you grow up in the truth, you will go up in your love.

Day 27—SATURDAY—January 27, 2024

## PRAY FOR SPIRITUAL DISCERNMENT

**Scripture:** Hebrews 5:14 – “*But strong meat belongeth to them that are of full age, even those who by reason of use have their senses exercised to discern both good and evil.*”

**Focus:** Being able to eat solid spiritual food will take you higher.

Day 28—SUNDAY—January 28, 2024

## SET YOUR GOAL ON BECOMING PERFECT— ONE DAY AT A TIME

**Scripture:** Matthew 5:48 – “*Be ye therefore perfect, even as your Father which is in heaven is perfect.*”

**Focus:** You are commanded to go higher in your aim for perfection.

Day 29—MONDAY—January 29, 2024

## LET GOD LEAD YOU TO THE ROCK TODAY

**Scripture:** Psalm 61:2 – “*From the end of the earth will I cry unto thee, when my heart is overwhelmed: lead me to the rock that is higher than I.*”

**Focus:** Life can be overwhelming at times, but God will take you to that higher place today to receive comfort and peace.

Day 30—TUESDAY—January 30, 2024

## ASK, BELIEVE, AND RECEIVE TODAY

**Scripture:** Matthew 21:22 – “*And all things, whatsoever ye shall ask in prayer, believing, ye shall receive.*”

**Focus:** Elevate your faith today by asking in prayer and believing that it will be done!

Day 21—SUNDAY—January 21, 2024

**PRAY THAT WE AVOID STRANGE DOCTRINES**

**Scripture:** 1 Timothy 4:1 – “Now the Spirit speaketh expressly, that in the latter times some shall depart from the faith, giving heed to seducing spirits, and doctrines of devils;”

**Focus:** Be mindful not to be deceived by strange doctrines that will keep the Church from going higher in the Lord!

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Day 22—MONDAY—January 22, 2024

**PRAY FOR AN OPEN MIND TO ACCEPT THE NEW**

**Scripture:** 2 Corinthians 5:17 – “Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.”

**Focus:** You are becoming a new creature. Get excited about it!

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Day 23—TUESDAY—January 23, 2024

**PRAY TO GO HIGHER IN YOUR CHARITY**

**Scripture:** 1 Corinthians 16:14 – “Let all your things be done with charity.”

**Focus :** When you have true love, it will be reflected in how you give.

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Day 24—WEDNESDAY—January 24, 2024

**PRAY FOR A MIND TO BE STILL & RISE HIGHER**

**Scripture:** Psalm 46:10 – “Be still, and know that I am God: I will be exalted among the heathen, I will be exalted in the earth.”

**Focus:** Be still & recognize who God is then you can rise higher!

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Day 25—THURSDAY—January 25, 2024

**PRAY TO BECOME A STUDENT OF THE WORD**

**Scripture:** 2 Timothy 2:15 – “Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth.”

**Focus:** The more you study, the more you become perfected in it.

# Prayer Points for Fasting



**Isaiah 58:1-12**

<sup>1</sup>“Cry aloud, spare not, lift up thy voice like a trumpet, and shew my people their transgression, and the house of Jacob their sins. <sup>2</sup> Yet they seek me daily, and delight to know my ways, as a nation that did righteousness, and forsook not the ordinance of their God: they ask of me the ordinances of justice; they take delight in approaching to God. <sup>3</sup> Wherefore have we fasted, say they, and thou seest not? wherefore have we afflicted our soul, and thou takest no knowledge? Behold, in the day” of your fast ye find pleasure, and exact all your labours. <sup>4</sup> Behold, ye fast for strife and debate, and to smite with the fist of wickedness: ye shall not fast as ye do this day, to make your voice to be heard on high. <sup>5</sup> Is it such a fast that I have chosen? a day for a man to afflict his soul? is it to bow down his head as a bulrush, and to spread sackcloth and ashes under him? wilt thou call this a fast, and an acceptable day to the LORD? <sup>6</sup> Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke? <sup>7</sup> Is it not to deal thy bread to the hungry, and that thou bring the poor that are cast out to thy house? when thou seest the naked, that thou cover him; and that thou hide not thyself from thine own flesh? <sup>8</sup> Then shall thy light break forth as the morning, and thine health shall spring forth speedily: and thy righteousness shall go before thee; the glory of the LORD shall be thy reward. <sup>9</sup> Then shalt thou call, and the LORD shall answer; thou shalt cry, and he shall say, Here I am. If thou take away from the midst of thee the yoke, the putting forth of the finger, and speaking vanity; <sup>10</sup> And if thou draw out thy soul to the hungry, and satisfy the afflicted soul; then shall thy light rise in obscurity, and thy darkness be as the noon day: <sup>11</sup> And the LORD shall guide thee continually, and satisfy thy soul in drougt, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not. <sup>12</sup> And they that shall be of thee shall build the old waste places: thou shalt raise up the foundations of many generations; and thou shalt be called, The repairer of the breach, The restorer of paths to dwell in.

**Joel 2:12**

“Therefore also now, saith the LORD, turn ye even to me with all your heart, and with fasting, and with weeping, and with mourning:”

# Prayer Points for Fasting



## **Nehemiah 1:4**

*“And it came to pass, when I heard these words, that I sat down and wept, and mourned certain days, and fasted, and prayed before the God of heaven,”*

## **2 Chronicles 20:3**

*“And Jehoshaphat feared, and set himself to seek the LORD, and proclaimed a fast throughout all Judah.”*

## Greetings from The Assistant Overseer...



*I greet you all in the name of Jesus Christ, Son of the living God and our Holy Redeemer; and I pray that you will be blessed and encouraged as you engage in this 40 Days Fast Prayer Journal. May this Fast produce miracles, healing, and God's deliverance for each of you!*

*Allow God to take you higher in your daily walk with Him. Grace and blessings will surely follow those who walk upright. Psalm 84:11 reads, “For the Lord God is a sun and shield: the Lord will give grace and glory: no good thing will he withhold from them that walk uprightly.” I am praying for your success!*

*Your Servant in the Lord,*

*Bishop Dr. Bonnie S. Guster*

Assistant Overseer

Day 16—TUESDAY—January 16, 2024

## **PRAY FOR A HUNGER FOR RIGHTEOUSNESS**

**Scripture:** Matthew 5:6 – *“Blessed are they which do hunger and thirst after righteousness: for they shall be filled.”*

**Focus:** Become more spiritually hungry for doing the right thing than for eating natural food.

Day 17—WEDNESDAY—January 17, 2024

## **PRAY FOR A WALK WORTHY OF PLEASING GOD**

**Scripture:** Colossians 1:10 - *“That ye might walk worthy of the Lord unto all pleasing, being fruitful in every good work, and increasing in the knowledge of God;”*

**Focus:** When your walk pleases God your walk will inspire others.

Day 18—THURSDAY—January 18, 2024

## **PRAY FOR SPIRITUAL GROWTH**

**Scripture:** 1 Peter 2:2 – *“As newborn babes, desire the sincere milk of the word, that ye may grow thereby:”*

**Focus:** The sincere milk of the Word will promote lasting growth.

Day 19—FRIDAY—January 19, 2024

## **PRAY THAT THE SAINTS WILL FOLLOW THE LEADER TO A HIGHER LEVEL**

**Scripture:** 1 Corinthians 11:1 – *“Be ye followers of me, even as I also am of Christ.”*

**Focus:** We can't go wrong following a leader who follows Christ.

Day 20—SATURDAY—January 20, 2024

## **PRAY THAT WE GO HIGHER IN OUR LOVE**

**Scripture:** 1 Thessalonians 3:12 – *“And the Lord make you to increase and abound in love one toward another, and toward all men, even as we do toward you.”*

**Focus:** Since God loves us so much, shouldn't we all strive to be like Him with our love for each other?



Day 11—THURSDAY—January 11, 2024

**PRAY TO BECOME MORE FRUITFUL**

**Scripture:** John 15:5 – *“I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.”*

**Focus:** Abiding in Christ will make you fruitful & take you higher!

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Day 12—FRIDAY—January 12, 2024

**PRAY THAT WE ALL BE TAKEN HIGHER IN UNITY**

**Scripture:** 2 Corinthians 3:18 – *“But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.”*

**Focus:** We are being changed daily through our fasting & praying.

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Day 13—SATURDAY—January 13, 2024

**PRAY TO GO HIGHER FROM THE INSIDE**

**Scripture:** Philippians 2:13 – *“For it is God which worketh in you both to will and to do of his good pleasure.”*

**Focus:** Your change in higher living begins on the inside of you!

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Day 14—SUNDAY—January 14, 2024

**PRAY TO GROW IN GRACE & IN KNOWLEDGE**

**Scripture:** 2 Peter 3:18 – *“But grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ. To him be glory both now and for ever. Amen.”*

**Focus:** When you grow in grace & knowledge of Him, you will automatically go higher in Him.

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Day 15—MONDAY—January 15, 2024

**PRAY FOR PATIENCE TO LET HIM FINISH YOU**

**Scripture:** Philippians 1:6 – *“Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ:”*

**Focus:** What He starts in you, He is able to finish—if you let Him.

**Encouragement from the**  
***Chief Helpers***

*To the Saints of God, the Lord has spared our lives to again have an opportunity to come together with fasting and praying. So, as we focus on the theme, let us look forward to going higher in the Lord throughout the year.*

*We pray for your physical protection and spiritual growth as we experience the fulfillment of God’s promises.*

*Bishop Rosemary Buchanan, Bishop Dr. Aurora Jones,  
Bishop Anthony P. Taylor, Bishop Alex Wortham,  
and Bishop Howard Yawn*

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**International Outreach Ministry of Prayer**

Greetings to all in the name of our Prayer-Answering Lord and Savior, Jesus Christ. Praise Him!

This year's Theme should generate a liberating, joyful feeling. The words are like a soothing balm, as a salve of welcome relief from pain, despondency, and thoughts of hopelessness, when our hearts are overwhelmed. "Lead me to the rock that is HIGHER than I". Those words should ensure us that we can always rise above our worst fears and dire circumstances, by depending on the perfect guide, Jesus. We can always overcome and be "taken" higher - If we let Him. A good reason to move out of our comfort zone if there.

We might not know when or where He is taking us. (2nd Corinthians 5:7-*“For, we walk by faith, not by sight,”*) Never let go of His unfailing, unchanging hand, He will not let go of ours. He did not give us the Spirit of fear but instead the Holy Spirit to prompt us and teach us to trust our Lord when facing all adversities.

Proverbs 3:5-6 tells us *“Trust in the Lord with all thine heart; and lean not to thine own understanding. In all thy ways acknowledge Him, and He shall direct thy paths”* Wherever He leads, we should always follow.

Keep on believing. Keep on praying. Remain in a state of expectancy until... then rejoice and again I say rejoice. Eyes have not yet seen the good things ahead (1st Corinthians 2:9) . May this book be an abundant blessing to you.

*Humbly, At His Feet...*

*Bishop Rosetta Richardson*

*President—International Outreach Ministry of Prayer*

**Sacrifice doing something you enjoy doing,  
and spend intimate time with God.**

Day 1—MONDAY—January 1, 2024

**ASK FOR WILL POWER TO FAST & PRAY**

**Scripture:** Ezra 8:21— *“Then I proclaimed a fast there, at the river of Ahava, that we might afflict ourselves before our God, to seek of him a right way for us, and for our little ones, and for all our substance.”*

**Focus:** Be disciplined enough to sacrifice time to Fast and Pray.

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Day 2—TUESDAY—January 2, 2024

**SACRIFICE EATING BREAD TO GO HIGHER**

**Scripture:** Daniel 10:3 - *“I ate no pleasant bread, neither came flesh nor wine in my mouth, neither did I anoint myself at all, till three whole weeks were fulfilled.”*

**Focus:** Pray and deprive yourself of eating something you enjoy like warm buttered bread, to show sincerity and humility during this Fast.

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Day 3—WEDNESDAY—January 3, 2024

**GET INTO A HIGHER ATMOSPHERE AS YOU FAST**

**Scripture:** Deuteronomy 9:9 — *“When I was gone up into the mount to receive the tables of stone, even the tables of the covenant which the Lord made with you, then I abode in the mount forty days and forty nights, I neither did eat bread nor drink water.”*

**Focus:** Your atmosphere will change the protectory of your Fasting.

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Day 4—THURSDAY—January 4, 2024

**PUT AWAY YOUR CHILDISH WAYS & GO HIGHER**

**Scripture:** 1 Corinthians 13:11— *“When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things.”*

**Focus:** Replace your childish ways with God’s higher way today!

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Day 5—FRIDAY—January 5, 2024

**PRAY FOR THE RIGHT ATTITUDE IN YOUR TRIALS**

**Scripture:** James 1:2 - *“My brethren, count it all joy when ye fall into divers temptations;”*

**Focus:** Rejoice in the trials you face today & go higher in the Lord.

Day 6—SATURDAY—January 6, 2024

**PRAY FOR THE BODY OF CHRIST TO MATURE**

**Scripture:** Hebrews 6:1 — *“Therefore leaving the principles of the doctrine of Christ, let us go on unto perfection; not laying again the foundation of repentance from dead works, and of faith toward God,”*

**Focus:** Do whatever it takes to press on into spiritual maturity.

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Day 7—SUNDAY—January 7, 2024

**PRAY FOR STABILITY IN YOUR FAITH**

**Scripture:** Colossians 2:6-7 — *“As ye have therefore received Christ Jesus the Lord, so walk ye in him: Rooted and built up in him, and stablished in the faith, as ye have been taught, abounding therein with thanksgiving.”*

**Focus:** Pray that you will become grounded & rooted in the faith.

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Day 8—MONDAY—January 8, 2024

**GO HIGHER THROUGH CHRIST IN WHAT YOU DO**

**Scripture:** Philippians 4:13 — *“I can do all things through Christ which strengtheneth me.”*

**Focus:** The deeper your focus is on Christ, the higher you’ll go!

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Day 9—TUESDAY—January 9, 2024

**PRAY FOR THE WORD TO DWELL IN YOU RICHLY**

**Scripture:** Colossians 3:16 - *“Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.”*

**Focus:** Encourage someone today in word or deed.

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Day 10—WEDNESDAY—January 10, 2024

**PRAY THAT GOD WILL GRANT YOU WISDOM**

**Scripture:** Luke 2:52 - *“And Jesus increased in wisdom and stature, and in favour with God and man.”*

**Focus:** Today you will have favor with God and man if you choose to walk in wisdom. Make wise decisions.